City of St. John's – Recreation Division, Community Services Department

NEWS and UPDATES

Registration for Winter Programs for City of St. John's residents begins 7:00am on Thursday, December 3, 2020 and Tuesday, December 8, 2020 for residents of other municipalities. Programs that are available this Winter at all Recreation Facilities will be posted online by Thursday, November 26, 2020 to view.

PROCEDURES TO HELP KEEP YOU SAFE

The safety and health of our staff and customers are of the utmost importance. To help stop the spread of COVID-19, we have implemented several new measures.

If you are feeling sick, stay home. Are you experiencing cough, fever, sore throat, or difficulty breathing? Have you travelled outside of the Atlantic Provinces in the last 14 days? If you have, please stay home, and call 811.

Enhanced cleaning measures. Enhanced cleaning measures are put into place to disinfect every surface, including cleaning equipment before and after use and placing sanitizing stations throughout our centres.

Reduced occupancy. There are restricted number of patrons allowed within our sites at any one time. Capacities are determined by several factors including size of space, outdoor access, washroom and changeroom space and program requirements. Front line staff do not have the ability to increase these numbers.

Personal Protection Equipment (PPE). Staff will have access to facemasks and gloves. Patrons are required to wear a facemask while visiting our facilities.

Maintain physical distancing. Please respect physical distancing and maintain 6-feet or 2-meters between you and others not in your bubble. Persons placing others at risk will be asked to leave the facility. Plexiglass shields are located at welcome desks. All social seating areas have been arranged to ensure social distancing.

Sanitize often. Patrons are asked to sanitize their hands before they enter the facility. Cleaning times have been scheduled between activities to disinfect spaces and equipment.

Traffic flow. When you enter our sites, you will notice directional signs throughout the building. Please respect the flow of traffic and follow the direction of the signs laid out for you.

Use designated entrance and exit points. In some sites, entrances and exits are separated to maintain safe traffic flow. Please watch for directional signs.



We are happy you joined us. When your booking or activity time is confirmed, please note that you are required to show up 10 minutes before and we ask that you leave the facility following your activity. Please do not congregate or socialize in any of the open areas.

Come dressed to play. We ask that all patrons come dressed to participate in their chosen activity. Change rooms have limited access, and showers are not available.

Payments. All bookings, registrations or purchases must be paid up front. We encourage debit / credit card only.

We are renting out specific areas. To keep our patrons safe, rentals will include a designated location in the facility/community centres.

Contact tracing. Patrons will be required to provide their name, address, and contact information when registering for or participating in activities. This is to allow for contact tracing should the need occur.

FACILITY USE & RENTALS

In addition to the rules and restrictions in place for the facility, we have specific rules and restrictions in place for all areas.

Gymnasiums

All equipment, such as basketballs, volleyballs, etc. must be brought from home. There are specific guidelines released by the Province for most sports, especially when played indoors. Request for bookings can be made by emailing recreation@stjohns.ca.

Fitness Classes

- Registration is required for all classes.
- Payment must be made in full at time of registration.
- Registration is available.
 - o online at https://ca.apm.activecommunities.com/recconnect/
 - o by phone: 576-8499 (Mews), or 576-8631 (PRCC)
- Spaces are limited in all classes.
- Aquatic Fitness classes are limited to a maximum of 39 participants at Paul Reynolds Community Centre and 30 at the H.G.R. Mews Community Centre
- If you have already purchased a 10, 20, or 30 class pass you can bring it with you for a refund or credit. Refund / Credits cannot be done on the spot and may take up to 2 weeks.

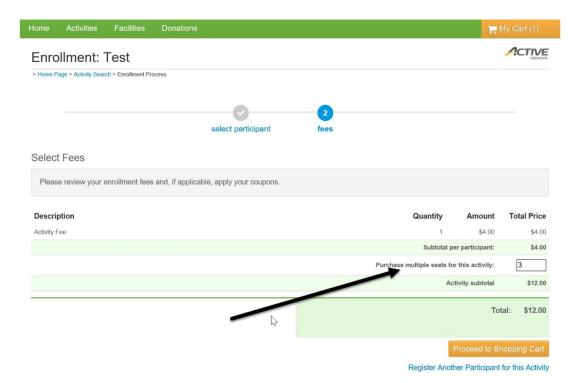
Indoor Swimming Pools

Children 12 years of age and under must always be accompanied in the water with an adult supervisor (19+). To allow as many people as possible to access the pool, patrons are asked to be prepared to get in and out of the water quickly and leave the site immediately after exiting



the water.

- Ticket purchase / registration is required for all swims.
- There may be a limited number of walk-in spaces available. Please call the front desk to confirm: Mews (576-8499) or Paul Reynolds (576-8631).
- Registration is available one week at a time. Registration for the following week will begin noon on Saturday.
 - Example: Registration / Ticket purchase will be available Saturday of each week at noon for swims for the following week.
- Maximum of 3 swimmers per lane, maximum of 5 swimmers per group ticket purchase.
- You must have an account set up to register / purchase tickets. Registration information is noted on page 6.
- Cost is \$3.00 per person, all swimmers (including those under age 2) require a ticket.
- Tickets can be purchased online at Activities>Aquatics> Activity Search: Select Lane Swim, Everyone Welcome Swim etc. Select number of 'seats' for activity.



Swimming Pool Rules

- Swimming pool capacities in Alert Level 2 are limited and dependent on the site and program.
- Swimmers will be expected to stay within their bubble during a swim and keep a physical distance of at least 6 feet from others not in your bubble at all times.
- Washrooms and change stalls will be available with very limited lockers. Space is available on the pool deck for personal belongings. Staff are unable to hold belongings for you, so do not bring valuables with you.
- · Showers are to be taken prior to getting in the water as required in the Public Pool



- regulations. Shower facilities are only available after swimming for a quick rinse in open showers (no lather / soap / shampoo or closed shower stalls); therefore, it is recommended you come dressed and ready to participate.
- Patrons may bring their own lifejackets, kickboards, flippers, hand-paddles, and pull-buoys. These items are not to be shared with anyone outside your personal bubble. Please do NOT bring any floats or inflatables to the pool, they will be denied.
- Accessible change rooms, water wheelchairs and accessible pool entry is available.
 Please advise if accommodations are required at the time of check in or call ahead.
 Staff will clean any accessible equipment after each use. Patrons who require assistance must wear a mask while less than 6 feet / 2 meters from staff. Masks are to be removed before the swimmer enters the water.
- Rental space is very limited. Please call 576-8623 to inquire about renting pool space.
- Birthday Parties are not available.
- Waterslides are not available but some play structures and diving boards are.

Please keep a physical distance of at least 6 feet from our lifeguard staff when possible. Our lifeguards are still rescue ready and willing to help you as always. If physical distancing cannot be maintained, our lifeguards are trained to ensure everyone's safety.

COURT RENTALS

The City of St. John's has two courts located at the H.G.R. Mews Community Centre, 40 Mundy Pond Road that are designed for racquetball and handball.

Court Booking Procedures for COVID-19 Alert Level 2

- Registration is required for all court bookings.
- Payment must be made in full at time of registration.
- Spaces are limited.
- Registration is available
 - o online at https://ca.apm.activecommunities.com/recconnect/
 - o by phone: 576-8499 (Mews)
- Only players within the same bubble are permitted to be on the same court at the same time. Maximum of four players on a court at any one time.
- All players are required to review the Health Canada COVID-19 Self-Assessment screening questions before entering the H.G.R. Mews Community Centre and agree to not enter if they answer yes to any of the screening questions.
- Please note that players are required to bring their own equipment. The City of St. John's has discontinued the equipment rental program.
- All players must read and agree to play by the Racquetball Canada Return to Play Guidelines and the Handball Return to Play Guidelines which are posted outside the courts at the H.G.R. Mews Community Centre.



Rental Times

Forty-minute court rentals are available seven days a week at the H.G.R. Mews Community Centre. The first court available is 8:00am and the final court rental is 9:20pm. Courts may be reserved up to two days in advance.

Fees: \$8 per court

REGISTRATION INFORMATION

When registration opens, you can register:

- online through RECconnect, go to stjohns.ca and choose RECconnect in Quick Links.
- by phone: 576-8499 or 576-8631

Open or Update Your RECconnect Account

When you register online or by phone, you must ensure your account is activated and up to date at least 72 hours before the registration time. You can do this online, by calling us or by dropping into the H.G.R. Mews or Paul Reynolds Community Centres.

If you are opening a RECconnect account, you are required to submit proof of residency as we offer staggered registration with priority given to residents of St. John's.

To open an account:

- Online: choose 'Create an Account' in the top right on the RECconnect website.
- Call 576-8499 or 576-8631.
- Drop into the H.G.R. Mews or Paul Reynolds Community Centres.

My Wish List

If you usually register for several programs at once or register for popular programs such as swimming or summer camps, you will want to use the wish list feature.

Prior to registration day, log into RECconnect and browse the available programs. Once you see a course you intend to register for, click the Wish List button to the right of the course title. Now this program is in your wish list!

There is no limit on the number of courses you can add to your wish list.

How to Register

When registration opens, log in and go to your wish list and click the My Cart button near the top right, and click the 'Add from Wish List'. Now your shopping cart holds all the courses you'd previously selected. Select the family member you wish to register in each course and add to your cart.



When you are ready to proceed to the Checkout to finalize your registration, it will confirm the courses you've chosen if there is space available and notes if you are on the wait list for any of the selected courses. You will then be prompted to pay for the courses using a credit card.

Payments. All bookings must be paid for when the booking occurs.

Passes: If you currently have a fitness pass, please bring your pass to the first class and we will pro-rate your pass and credit your account.

